

DECONSTRUCTING WHITENESS

As a follow up to our *101: Understanding Race & Racism* workshop, this program creates a safe and reflective space for participants to critique and examine dominant whiteness culture within themselves and society more broadly. The session explores a range of ways that whiteness can pervade our psyches, sense of self, and attempts at allyship. This goes beyond a systemic unpacking of racism and racial justice, and is best for participants who are ready to challenge themselves.

LEARNING OUTCOMES

- To understand, articulate and critique how whiteness shapes our societies, values and identities.
- To develop understanding of concepts such as: white fragility, white saviour complex, white guilt & tone policing.
- To explore the interconnected nature of systems of oppression and their connection to whiteness and colonialism.
- To develop understandings of the impacts of whiteness on people of colour.
- To develop critical analysis skills and ability to recognise whiteness in a range of forms.
- To create space for reflection on individuals' relationship to whiteness.
- To critique the ways whiteness informs our workplace structures.

"I liked how uncomfortable and confronting it was which in itself is part of the challenge we have to tackle and the system we benefit from and uphold! It was like learning and experiencing the content all in one."

-Minus 18